



Could You Use a Smart Martha Seminar?

Smart Martha Seminars offer tested advice and solutions for mothers who want to balance taking care of their families' physical, emotional, social, and spiritual needs as well as their own needs.

Smart Martha Seminars offer practical everyday organization and time management skills for today's busy moms covering these topics:

- There Is No Place Like Home: Having a Mary Attitude in our Martha Tasks**
- Grand Central Station: Keeping Everything on Track**
- Bringing the Family to the Table: Recapturing Dinner Time**
- Children and the Messes They Make: But They Can Bring Help as Well**
- Conquering the Mountain of Laundry**
- Keeping it All Clean: A Plan for this Impossible Task**

Coming to Champaign, IL!

When?	Saturday, November 15, 2008 9:00-2:00
Where?	St. Matthew Catholic Church Great Hall
What?	A Smart Martha Seminar, made up of presentations, small group discussions, and some personal workbook time
Cost?	\$40, which includes a workbook, lunch, and a great time!

Please register by November 7th.

For more info or to register contact Katie: (217)-766-5161 or
katie.pisarczyk@gmail.com

www.SmartMartha.com

**Registration Information: Please fill out this information and send it
with a check payable to St. Matthew to Katie Pisarczyk**

2518 A Leeper Dr.
Champaign, IL 61822

Name: _____

Address: _____

**Phone
Number:** _____

Email: _____