

# Smart Martha Seminar



**I really want to be like Mary and spend time with Jesus but . . .**

*I really do have to get the breakfast dishes done. I want to spend time playing with my kids, but all I find myself doing is picking up after them. I want to have a sit-down dinner with my family, but I have to pick someone up after practice. I want to spend time praying alone, but my children need help with their homework. I want to have a date night with my husband, but I am out of milk and need to go to the store.*

**Does this sound like you?**

**Smart Martha Seminars offer tested advice and solutions for mothers who want to balance taking care of their families' physical, emotional, social, and spiritual needs as well as their own needs.**

**Smart Martha Seminars offer practical everyday organization and time management skills for today's busy moms covering these topics:**

**-There Is No Place Like Home: Having a Mary Attitude in our Martha Tasks**

**-Grand Central Station: Keeping Everything on Track**

**-Bringing the Family to the Table: Recapturing Dinner Time**

**-Children and the Messes They Make: But They Can Bring Help as Well**

**-Conquering the Mountain of Laundry**

**-Keeping it All Clean: A Plan for this Impossible Task**

- Typical Schedule
- 8:30-9:00 Coffee and Donuts, Registration
- 9:00-10:00 First Presentation/Personal Time
- 10:00-10:10 Break
- 10:10-11:00 2nd Presentation/Small Group Discussion
- 11:00-11:10 Break
- 11:10-12:00 3rd Presentation/Small Group Discussion
- 12:00- 1:00 Lunch
- 1:00-2:00 4th Presentation/Large Group Discussion

**When?** Saturday, November 15, 2008 9:00-2:00

**Where?** St. Matthew Catholic Church Great Hall

**What?** A Smart Martha Seminar, made up of presentations, small group discussions, and some personal workbook time

**Cost?** \$40, which includes a workbook, lunch, and a great time!

Please register by November 7th.

For more info or to register contact Katie: (217)-766-5161 or [katie.pisarczyk@gmail.com](mailto:katie.pisarczyk@gmail.com)